



1. Learn the *three* things you can do right now that could save your life

2. Find out if you are at risk of breast cancer.

3. Become skilled at breast self examination

4. Ask the experts everything you every wanted to know about your breast health

5. Spanish translation

**FREE**

# Breast Health Seminar



**October 26, 2009**

**At 5:30 P.M.**

**Penrose Library**

**Carnegie Reading Room**

**20 N Cascade**

**Colorado Springs, CO 80903**

**RSVP by Oct 14**

**(719) 578-3111**

**Sponsored by:**

**The Pikes Peak Breast Health Connection**